

## 'MISCELLANEOUS' UPDATES-10.08

## It's been a minute since we sent a team-wide email, and we have a few TRULY miscellaneous things to update everyone on!

**FALL CLOTHING ORDER:** The magicians at Simply Swimming (they're the best!) went into overtime this week and got our fall clothing order done! Everything is packed and organized at the store and will be ready for pick-up starting at 10am tomorrow morning! If you want your apparel BEFORE the Spooktacular, you can swing by this week. They are also open from 10-5 on Saturday if you want to pick up the day of the Spooktacular. Items not picked up by Monday will either stay at the store (for Madison-area) or be sent to practice (for Sauk and Baraboo).

BAC CAPS & CAPS AT PRACTICE: Few sights as beautiful as 700 fresh BAC caps! We've been handing out the free team cap at practice – bug your lead coach if you haven't gotten one yet. Now that all swimmers have a great cap option, we're going to start enforcing our 'no other team caps at practice' rule. BAC caps are fine, as are 'fun' generic caps, or UW or Zone caps. But no HS or summer team caps please!

STATE MEET STANDARDS: As most veteran BACers are aware, there are a couple of 'LSC Championship Meets' (we just call them 'State Meets' even though the WI LSC includes the UP and does NOT include a couple of counties by the Twin Cities) every season. For the SCY 2024-25 season, there is 'Single Age State' (12-under) in December, then three State Meets (10-under, 11-14, Senior) in late February or early March. Every fall the LSC adjusts the qualifying times for these meets, and the new 2024-25 standards were recently published! You can find them using the link below, and we'll have a lot more information on the different state meets as they get closer.

https://www.gomotionapp.com/team/czwilsc/page/swimmers/time-standards

Finally, keep an eye on social media this week. We got some sweet drone footage of the BAC social last week and we're working on a montage to post. Should be pretty cool!

GO BAC!