

MADISON GROUPS:

LITTLE BADGERS



We have our Madison-based programming split into 3 different age groups, and we have 3 groups offered for each age level. This allows us to provide an appropriately challenging practice for all of our swimmers. At the younger ages, swimmers are grouped primarily based on their age and secondarily on their swimming abilities. As swimmers age their swimming performance, the ability to train to the standard of the group, and especially a swimmer's commitment level become more important factors. You can check out all of our Madison group descriptions on our website.

Ultimately, placement of swimmers into their groups is determined by the coaching staff. But we want families and swimmers to use these group descriptions as a guideline and also to be aware of expectations for practice.

A TYPICAL LITTLE BADGER SWIMMER...

- Is looking for an introduction to USA Swimming, to learn and improve their basic strokes and skills, and to have fun!
- Is in 1st or 2nd grade, possibly Kindergarten or 3rd grade
- Has been through a swimming lessons program and/or a rec league team.
- Attends practice consistently to help development and is able to follow directions from coaches.
- Can do 2-3 lengths of a 25-yard pool repeatedly with little break between.
- Is familiar with all four strokes, fairly proficient in free and back, and learning fly and breast.
- Is familiar with and has attempted basic race skills like dives and flip turns but is still working towards proficiency.
- Will be encouraged, but not required, to participate in meets.
- Promotes and enhances BAC team culture by being positive in practice, having a great learning attitude, and by making new friends!

A Little Badger Swimmer may not match every listed bullet point but should certainly identify well with most of the descriptions. If you have any questions on our groups or for your swimmer specifically, please don't hesitate to email.