



2025 SPOOKTACULAR WARM-UP ASSIGNMENTS

The warm-ups for different sessions are different lengths. So rather than split the TIME, we opted to split the LANES. The diving well is open during warm-ups AND during the meet, but only with 'rope style' lane lines.

SATURDAY – SESSION 1 (Open & 11-over)

10:40 – 11:40, session starts at 11:45

BAC: Lanes 1-5

DFAC & MSS: Lane 6

VAST: Lanes 7-8

SUNDAY AM – SESSION 2 (8-under & 13-over)

7:45 – 8:35, session starts at 8:40

BAC: Lanes 1-5

DFAC: Lane 6

MSS: Lane 7

VAST: Lane 8

SUNDAY MID – SESSION 3 (10-under)

11:00 – 11:45, session starts at 11:50

BAC: Lanes 1-5

DFAC & MSS: Lane 6

VAST: Lanes 7-8

SUNDAY PM – SESSION 4 (11-12)

1:45 – 2:30, session starts at 2:35

BAC: Lanes 1-4

DFAC: Lane 5

MSS: Lane 6

VAST: Lanes 7-8