



2024-25 SCY MEETS: IMR REWARD MEET!

We have NEW MEET EXPERIENCE for 2024-25 – the “IMR Reward Meet”!!

Our schedule is full of fun meet experiences that can be ‘earned’ by our higher performing swimmers – meets like WGLO, A+, and State Meets. But half of our swimmers aren’t yet at that level and this meet gives them a fun experience to set their goals on qualifying for!

We’re adding a new meet – a new meet EXPERIENCE really – to the 2024-25 SCY Meet Schedule. We’re calling the meet the “IMR Reward Meet” and we feel that it fills a void we’ve had in our schedule for quite some time!

We already have several “goal meets” on the schedule – meets that are a fun experiences but also meets that swimmers have to ‘earn’ their participation in. The WGLO, A+, and the different State Championship Meets all fit this description. Swimmers are generally pumped to participate or even qualify, and many of our swimmers set goals based on qualifying for these meets. But the meets listed all serve an overlapping population of swimmers – only the top % of our swimmers in any given age group.

We’ve long wanted to find a meet opportunity that the rest of the team – swimmers at the bottom of their age group, swimmers newer to competition, or simply swimmers that aren’t yet ‘state level’ – can strive for.

Waukesha Express Swim Team is hosting a meet on Sunday, February 2nd at Waukesha South HS. This is a GREAT pool that we don’t race at nearly enough. The meet is NOT technically a time standard or qualification meet, but our plan is to create INTERNAL BAC standards that kids have to meet in order to participate!

Some of this is still TBD, but the plan right now is to base qualifying on achieving a high enough “IM Ready” (or IMR) score. IM Ready is a USA Swimming program where swimmers earn points for a swim based on their age, gender, and time. Your composite IMR score is based on the scores for 5 different events (one of each stroke plus IM, different distances for different ages).

IN ORDER TO QUALIFY FOR THIS MEET, BACers MUST PARTICIPATE IN ALL 5 IMR EVENTS AND ACHIEVE A HIGH ENOUGH TOTAL SCORE! This means getting out of your comfort zone by trying new events and EVERY stroke, and forces swimmers to work on ALL aspects of their swimming, not just their best/favorite stroke.

We’ve got all sorts of ideas on making the meet a truly fun and special experience, and not ‘just another meet’, including meet-specific gear and a ‘team travel’ option to and from the meet! But we’re always open for more ideas from the kids on what THEY want to see to make it great.

More details to come later this fall, but we wanted to get ahead of any questions about the new meet and to start generating a little bit of buzz and excitement over a meet opportunity that we’re really excited about!

GO BAC!